APPARENTLY, THERE ARE TWO LINCOLN MAINES

FEATURED

HOPS AND HOUNDS IS BACK: NEW TIME, SAME TAIL-WAGSING DAY OF FUN

DIRIGO TALKS: BUILDING THE FUTURE THROUGH THE ARTS

LORI VOORNAS | March 22, 2014

Americans for the Arts



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A new event will bring seven speakers to Portland to share their ideas on the role of education, business and community within the arts of Maine. A networking reception will follow the series of ten-minute talks. Portland Stage Company's main stage theater at will host the event on Monday, March 31, at 7:00pm. Admission is

free but reserving a seat early at DirigoTalks.com is recommended as space is limited.

GET DETAILS ON EVENT

Keynoting the event is Scarborough-native Jeff M. Poulin from Washington, D.C.based Americans for the Arts. Americans for the Arts is the nation's leading nonprofit organization for advancing the arts in America. With more than 50 years of service, it is dedicated to representing and serving local communities and creating opportunities for every American to participate in and appreciate all forms of the arts. "As a product of a Maine K-12 arts education, it is important to give back to the community from which I came," Poulin says. "I am achieving personal and professional goals because of the arts-rich education I received as a student and in the face of budget cuts and classroom time restrictions, I would hope to see the same type of education guaranteed for all Maine students for years to come."



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HOME ON-AIR LISTEN PLAYLISTS













Portland Ballet Company (Artistic Director Genie O'Brien), Maine Principals' Association (asst. Exec. Director Jeanne Crocker), Portland City Council (Councilor Marshall) and Portland Stage Company (Artistic Director Anita Stewart).

"By bringing together key thought leaders in the arts space, we hope to spark creative ideas and forge new partnerships for the arts in southern Maine," says Dirigo Talks founder and executive director Luke Nielson.

Nielson was inspired to create Dirigo Talks after spending three years interviewing his peers for a self-help book he wrote in college. "I was amazed with the experiences and storytelling I heard from everyday Mainers, so we created a face-toface platform to give them a voice," Nielson says. Dirigo Talks produces speaking events in southern Maine focused on various topics to share stories of authentic

2019 CMT Awards



Famous Musicians You Forgot Are Currently in Jail



ioi mis iradio

Downfall

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The Girl Who Played 'Annie' Is 47 and Unrecognizably Gorgeous

Maine leadership.

The event is sponsored by Running with Scissors, a community of artist studios in Portland. Dirigo Talks is a program of the Saco Bay Center for Civic Engagement, a Maine non-profit founded by Rep. Justin Chenette (D-Saco) to foster active citizenship. Visit DirigoTalks.com to learn more and RSVP for the free event.

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BACK TO TOP

KELLEY BLUE BOOK BEST BUY.*

Options shown *Important info

SHOULD MAINE IMPOSE A SODA TAX TO SAVE LIVES?



LOU LOCKWOOD | June 6, 2019

Keith Bell



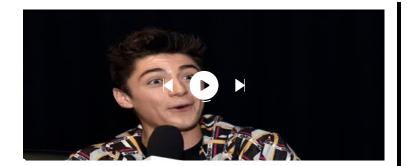
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If you weren't already aware, you're paying extra tax on unhealthy foods when you shop in Maine. In Maine grocery stores, only grocery staples are exempt from sales tax. Since 2016, the following foods have been on the "snack tax" list, according to sovos.com:

- Confectionery spreads
- · Select powdered and liquid drink mixes
- · Pre-packaged salads
- · Chips, crisps, popcorn, puffs, etc.
- Fruit bars, granola bars, trail mix, and dried fruit
- · Nuts and seeds that have been processed or treated by salting, spicing, smoking, roasting, etc.
- · Desserts and bakery items
- · Meat sticks, meat jerky, and meat bars
- Candy
- · Soft drinks



Some cities in the U.S. are adding an additional tax on soda (specifically, the amount of sugar in soda) in an attempt to curb negative health impacts that sugary drinks have on poorer populations.

My own brother, a super-smart econ researcher and professor at Wharton (#humblebrag), just **published a study** that showed "drinking one sugar-filled soda ends up imposing about 10 cents of health costs on others because the resulting medical bills are paid through Medicare, Medicaid or private insurers."

A special tax on the grams of sugar in a drink inhibit poorer populations from spending so much money on soda AND would help out welfare programs that end up footing the bill for these sugar-related health issues. Basically, it's a win-win.

Just a few years ago, Maine **failed to pass a sweetened beverage tax**, but cities that have imposed the tax (Berkeley, Chicago, Philadelphia, and Boulder, among others) show that it's great for our health, wallets, and social welfare programs. A soda tax would be most effective at the state or federal level so that people can't just drive to the next town over to get their groceries, but in the mean time it's up to cities to take the plunge and tax our soda.

What do we have to lose?	
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BACK TO TOP

